



# The Wonder Press

Stay Informed

Dear Moms

Mostly, Moms work and help everyone in the family. They look after the needs and comfort of everyone but they take little care of themselves.

When you ask a mom about their favorite dish, the obvious reply is - "What everybody likes".

Moms are early risers and the last member to sleep in the family.

Moms cannot afford to be sick if they are unwell they won't even rest.

So, Me Time & Why?

- Motherhood is the toughest job, no doubt its Rewarding
- Moms need ME Time to manage stress
- Me Time Refuels, Rejuvenates, and Refreshes
- Me Time helps you to connect to yourself...
- ME Time is now much needed because time and the generation have changed

Thank you

Harsha G Ramaiya



## Parents Corner

How to keep my child Motivated always?

Self talk.

Children should say this daily.  
 Thank you God for Everything.  
 I love myself.  
 I am very confident.  
 I will try my best to do Everything.

Acknowledgements

Editor - Harsha Ramaiya

Content - Isha Parekh

Design - Riya Shah

Pictures - Hency Vaghani

## Activities

### Gross motor skills

- Jumping over the tyres
- Throwing & catching ball

### Fine motor skills

- Slate & chalk
- Pinching different objects

### Sports time

- Sack race
- Roll the tyre

### Story time

- The Greedy dog

### Activity of the month

- Yoga day



## WRITING AS A COGNITIVE SKILL:

Writing is rather different from other movement skills in that it is language-based and involves learning rules specific to our language system. For example, we write from left to right, the main bodies of our letters sit on a line, and we use spaces to separate one word from the other

- Dr. Swati Popat Vats, in the book *Ms. Pencil and her Team*, available on Amazon.

# Right Age



**We are strict with age criteria, underage children will not be given admission under any circumstances, so do co-operate for the same.**

**The Admission forms for Small Wonders Pre Nursery for the academic year 2025 - 2026 will be available from the Small Wonders office.**

**Age criteria: Pre Nursery: 2yrs & 8 months completed by 1st June'25**



JULY  
EDITION

# The Wonder Press

Stay Informed

As, we begin this new chapter, I want to remind everyone that our school is committed to providing a supportive and inclusive environment for all students.

Our faculty and staff have been working tirelessly to prepare for the upcoming term and we can't wait to share our enthusiasm with you.

School is where we go to learn new things and make friends.



Thank you  
Krinaba Zala

## Parents Corner

Parenting is a tough & tiring job.  
From where to get the energy.  
Well, I have a key.  
Me time, ME.  
Me over everything.  
Give at least 15 minutes - of ME time to yourself and don't feel guilty at all because this ME time is your boost.

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## Activities

### Gross motor skills

- Dusting / Wiping
- Follow the pattern

### Fine motor skills

- Squeezing lemon with Squeezer
- Button a shirt

### Sports time

- Balancing the book
- Make a pyramid

### Story time

- The Greedy Dog

### Activity of the month

- Balloon party



## Why No Competition -

This Early-Age Competition is killing the freedom of blossoming.

Children up to age 8yrs do not understand the sense of winning or losing and most important they cannot accept failures...

Competitions from an Early age lead to unnecessary stress & pressure on kids.

We, request the parents to think about this & decide the best of our children.

# Concrete



**Pre-nursery is the foundation of scholastic education. Hence, we believe that the foundation should be concrete.**

**So we emphasize the basics, rather than just introducing written work and just completing it.**

**AUGUST  
EDITION**

# The Wonder Press

Stay Informed

The newsletter focuses on the collaborative efforts between parents and teachers to ensure the academic growth and well-being of our students.

In this edition, we highlight key initiatives and strategies that aim to foster a strong partnership between home and school.

The impact of collaborative efforts between parents and teachers helps to create a conducive learning environment.

Thank you  
**Isha Parekh**



## Parents Corner

I want to be patient with my children  
What to do?

- Try WAIT technique
- W - Be Willing & Welcoming
- A - Be Acceptable & Adjustable
- I - Be Involved & Incomparable
- T - Be Thankful & Thoughtful

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## Activities

### Gross motor skills

- Climbing steps with alternate foot
- Bouncing the ball

### Fine motor skills

- Folding the paper
- Setting spoons in order

### Sports time

- Football
- Hopscotch

### Story time

- The Hare and the tortoise

### Activity of the month

- A visit to a Garden



## DISADVANTAGES OF SCHOOLING AT AN EARLY AGE

- The children find it hard to cope with their academics.
- Young children become slow learners.
- They get a complex seeing other students, who can cope with their studies.
- Their basics remain unclear.
- They are sometimes troubled by their parents to cope with their studies and they develop negativity.
- Due to unnecessary pressure childhood goes for a toss.
- They don't like studying and stay away from academics.
- Studying instead of fun becomes a burden for them.

# Pre-writing skills



**Pre-writing skills are essential for young children to develop before they begin writing. These skills lay the foundation for future writing abilities and are crucial for academic success.**

## **Benefits:**

- **Hand-eye coordination**
- **Finger dexterity**
- **Grip and grasp**
- **Understanding left to right and top to bottom**
- **Better academic performance**

SEPTEMBER  
EDITION



# Small Wonders

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# The Wonder Press

Stay Informed

Being a teacher is a deeply rewarding profession, but it also comes with its unique set of challenges. Teachers play a critical role in shaping young minds, fostering a love of learning, and preparing students for success in the world.

While the impact on students' lives can be incredibly fulfilling, teachers often face long hours, demanding workloads, and sometimes low pay. Finding a balance between work and personal life can be a constant struggle, but the rewards of teaching can far outweigh the challenges.

A good teacher can inspire hope, ignite the imagination, and instill a love of learning.

Thank you

Hency vaghani



## Parents Corner

If I could give my child three things,  
it would be,

- The confidence always to know their self-worth,
- The strength to chase their dreams
- The ability to know how truly, deeply loved they are.

Acknowledgements

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## Activities

### Gross motor skills

- Sweeping with a broom
- Go on a colour hunt

### Fine motor skills

- Hammer ball
- Wearing socks and shoes

### Sports time

- lemon and spoon
- Hockey

### Story time

- The Hare and the tortoise

### Activity of the month

- A visit to a balvatika



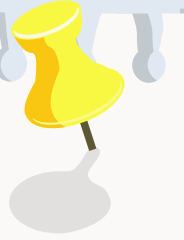
## STAY FIT

- Get about eight hours of Sleep each night.
- Do some form of exercise every day: run, walk, stretch & Play Play Play.

## STAY SAFE

- Know your Complete name, Parent's phone number & Address
- Do not talk to Strangers

# Why Print letters are taught before cursive.



- 1. Limited use: Cursive is not as widely used in everyday life as it once was, making it less of a practical skill.**
- 2. Print handwriting: Print handwriting is often more legible.**
- 3. Mostly all the books have print letters, so children read print letters more often than cursive.**

OCTOBER  
EDITION



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# The Wonder Press

Stay Informed

Thank you for considering Small Wonders. for your child's education. We're committed to partnering with parents to provide the best learning experience, shaping bright futures & empowering your child's future, through excellence in education.

A good teacher can inspire hope, ignite passion, and transform lives.

Thank You  
Madhvi Gohel



## Parents Corner

We often label our children

Shy ~~X~~ - keen observer

Stubborn ~~X~~ - stands up for himself

Mischievous ~~X~~ - wants connection

Crying baby ~~X~~ - very expressive

Boss ~~X~~ - leader

Let's make some changes to make big change

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## Activities

### Gross motor skills

- Land , sea & air

### Fine motor skills

- Squeezing sponge/  
hanky
- Tearing the paper and  
crumpling

### Sports time

- My tower
- Hop on one foot ( langdi )

### Story time

- The lion and the mouse

### Activity of the month

- Visit to a railway station



## STAY HEALTHY

- Eat Healthy & nutritious Meals daily.
- Include dairy products, grains, protein, vegetables, and fruits in your meals.
- Stay away from Junk Food.
- Practice good hygiene habits by keeping yourself Clean and Germ-free.

## STAY HAPPY

- Wear a smile daily
- Make friends and be a good friend

# Why activity based learning is important



**Activity-based learning (ABL) is an educational approach that emphasizes hands-on, experiential learning.**

- **Improves retention**
- **Deeper understanding**
- **Develops critical thinking**
- **Increases engagement**
- **Fosters curiosity**
- **Develops problem-solving skills**

NOVEMBER  
EDITION



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Stay Informed

The relationship between school and teacher is a complex and multifaceted one. Schools provide the institutional framework within which teachers operate, offering resources, support, and a structured environment for education.

Teachers, in turn, are the key agents of learning, responsible for implementing the curriculum, guiding students, and creating a positive learning environment.

One who inspires, guides, enlightens, motivates and touches lives forever.

Thank You  
Riya Shah



## Parents Corner

What to do if my child is upset?

Touch and Talk Theory.  
Hold your Child's Hand.  
Hug your child Tightly.  
And most important.  
Talk to your child.

Acknowledgements  
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Pictures - Hency Vaghani



## Activities

### Gross motor skills

- Walking on a line
- Balancing on one foot

### Fine motor skills

- Hammering

### Sports time

- Partner race
- Frog jumping

### Story time

- The lion and the mouse

### Activity of the month

- Visit to a grocery store



## ADVANTAGES OF ADMISSION AT THE RIGHT AGE

- The child remains positive as he/she can cope with their academics.
- The concepts are clear.
- They enjoy their childhood because of no parental pressure.
- Their grasping power is good.
- They share a good bond with their parents.
- Study is fun for them. They take interest in their studies.

# Disadvantages of Rote memorization



**Rote memorization is a process of learning through repetition without understanding.**

**रटा मार ✗**

- **Lack of understanding**
- **No contextual learning**
- **Limited retention**
- **Lack of engagement**
- **Lack of creativity**

DECEMBER  
EDITION



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# The Wonder Press

Stay Informed

The specific nature of the relationship can vary depending on factors such as the school's educational philosophy, the teacher's experience and expertise, and the school's administrative structure.

However, effective schools and teachers typically share a common goal of providing quality education to students.

Here are some key aspects of the relationship between school and teacher

A person who uncovers hidden treasures and touches lives forever.

Thank you  
Seema Ghanvani



## Parents Corner

Should we accept all the demands of our children

Try this filter theory. Check whether the demands are :

**GENUINE, CORRECT, & ACTUALLY NEEDED**

Acknowledgements

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## Activities

### Gross motor skills

- Demand game
- Climbing the net

### Fine motor skills

- Pick up object with Tweezer
- Puzzle

### Sports time

- Hurdle race
- Tunnel crossing

### Story time

- A thirsty crow

### Activity of the month

- Visit to a garden



## Quality relationship with children

We, maintain the lowest possible Teacher: Student ratio.

This maximizes the opportunities for children to develop strong connection with the teacher.

The center has a “Behavioural Management Policy” that respects the rights of all children to feel safe & special.

# Understanding concepts



## **Builds Foundation for Future Learning**

- **Establishes a strong foundation: Understanding concepts in the early years lays the groundwork for future learning.**
- **Prepares for more complex concepts: Foundational concepts help children understand more complex ideas later on.**
- **Develops a love for learning: When children grasp concepts, they develop a love for learning that can last a lifetime.**
- **Makes learning more meaningful: When children see connections between concepts, learning becomes more meaningful and relevant.**



# The Wonder Press

Stay Informed

Teaching can be a very rewarding career. It allows you to make a difference in the lives of young people and to share your knowledge and passion with others.

However, it is also a challenging profession that requires patience, dedication, and a strong work ethic.

If you are considering a career in teaching, it is important to do your research and to talk to teachers who are currently working in the field.

You should also consider your own strengths and weaknesses and whether or not you have the personality traits that are necessary to be a successful teacher.

A good teacher can inspire hope, ignite the imagination, and instill a love of learning.

Thank you  
Hency vaghani



## Parents Corner

I want my children to be confident.

What to do?

3 things

No.1 Praise the efforts, but we focus on the results.

No.2 Look at the positive, but we discuss the negatives.

No.3 Provide opportunities to choose, but we decide for them & then we want our children to be confident.

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## Activities

### Gross motor skills

- zig zag jumping
- let's arrange

### Fine motor skills

- block game
- Match colour with object

### Sports time

- Bag your balls
- Musical chair

### Story time

- A thirsty crow

### Activity of the month

- visit to a temple



- What are the Unique Methods we have?
- Learning through Play.
- Learning through Songs, Rhymes, Movements & Stories
- Performing various activities through different kinds of Play Equipments.
- To make our Small Wonders children, culturally rich & acquainted with Social Customs, We conduct various events & celebrations of all festivals.

# Why Pre-Nursery is important?



Pre-nursery is like a stepping stone for your child's education. It helps them learn and grow in a fun and playful way before they start regular school.

**Social skills:** Kids learn to play and interact with other children, which helps them make friends and understand how to behave in a group.

**Early learning:** They get introduced to letters, numbers, colors, and shapes in a simple way, making it easier for them to learn these things later in school.

FEBRUARY  
EDITION



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Children feel secure and supported, leading to increased trust in their teacher.

Positive relationships with teachers can lead to better behavior and reduced discipline issues.

When children feel comfortable and connected with their teacher, they're more likely to engage and learn.

Teachers can provide emotional support, helping children develop emotional intelligence and resilience.

The teacher's desk functions as a communication center, facilitating meetings with students, parents, and colleagues.

Thank you  
Madhvi Gohel



## Parents Corner

Parenting is a tough & tiring job.

From where to get the energy.

Mom Harsha Says

Well, I have a key.

Me time, ME.

Me over everything.

Please give at least 15 minutes give them ME time to yourself and don't feel guilty at all because this ME time is your boost.

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## Activities

### Gross Motor Skills

- Walk on straight line forward and backward
- Skipping and Jumping

### Fine Motor Skills

- Punching paper
- Line Fit

### Sports Time

- Basket Ball

### Story Time

- The Ant and the Dove

### Activity Of The Month

- A visit to a Balvatika



## 10 Tips for Gadget-free Family Time

- Do not make gadgets "Babysitters"
- No Screens while Family Meals at home or anywhere (Parties, Restaurants)
- No Screens while talking with each other
- Encourage Face to Face Interactions
- No Screen time in the Car & Bedroom
- No Screen time when guests are in the house
- Do not involve Screens for all learnings and Activities
- Encourage Outdoor Activities
- Turn off Gadgets 30 mins before bedtime
- Switch on Gadgets only after Breakfast

# Why Performance is important for Pre-Nursery?



Performance allows children to convey emotions, thoughts, and ideas through movement, music, and drama.

1. Overcoming fears: Performing in front of an audience helps children overcome their fears and builds confidence.
2. Sense of accomplishment: Completing a performance gives children a sense of pride and accomplishment.

MARCH  
EDITION



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A school is an educational institution where children gather to learn and develop various skills and knowledge.

It provides a structured environment with organized curricula, facilities, and resources aimed at fostering intellectual, social & emotional growth.

Teachers are professionals who guide and facilitate learning within the school setting. They play a crucial role in helping students understand academic subjects, encouraging critical thinking, and promoting personal development. Teachers use a variety of methods to engage students, adapt to their needs, and create a positive learning atmosphere.

Thank you  
Seema Ghanvani



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## Activities

### Gross Motor Skills

- \* I Can Stack
- \* Walking between the lines

### Fine Motor Skills

- \* Threading the beads

### Sports Time

- pick & run

### Story Time

- The Ant and the Dove



## PRE-NURSERY CURRICULUM

- Is child-centric
- Is age appropriate
- Offer a variety of learning experiences
- Has a fine balance of curriculum & extra-curriculum activities

# Why language development is important ?



Language development in preschool is critical because it forms the foundation for a child's overall learning and social skills.

## 1. Cognitive Development:

Language is closely tied to thinking.

## 2. Social Skills:

Communication is essential for building relationships.

## 3. Academic Success:

Language development is a predictor of later academic achievement.